

# EXPERENTIAL LEARNING PROGRAMS

## WIDE RANGE OF PROGRAMS FOR

Team Building  
Vision & Mission Formulation  
Mindfulness Based Stress Management  
Motivation  
Conflict Resolution  
Effective Communication  
and many others

Experience of **over a decade** serving more than **70 clients** across industries by our experienced facilitators

**Tools and practices** for application in **day - to - day life**

Infusion of a variety of extroverted - **team building activities, theatre, art, simulations** etc as well as introspective practices such as **mindfulness**

Multiple venue options with solutions ranging from **2-4 day** outbound programs to **3-5 hour** events conducted during **conclaves, meetings & conferences**



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